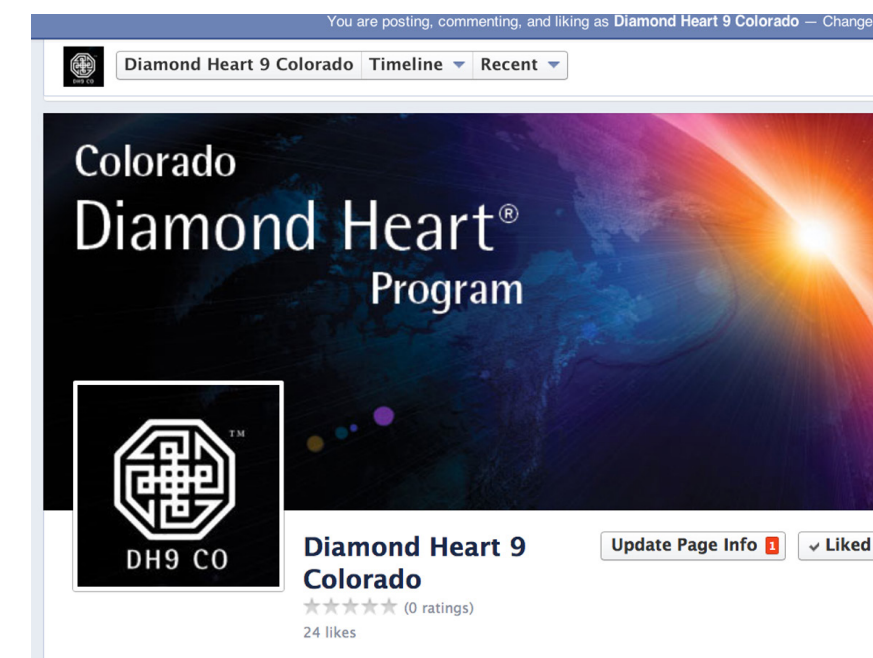
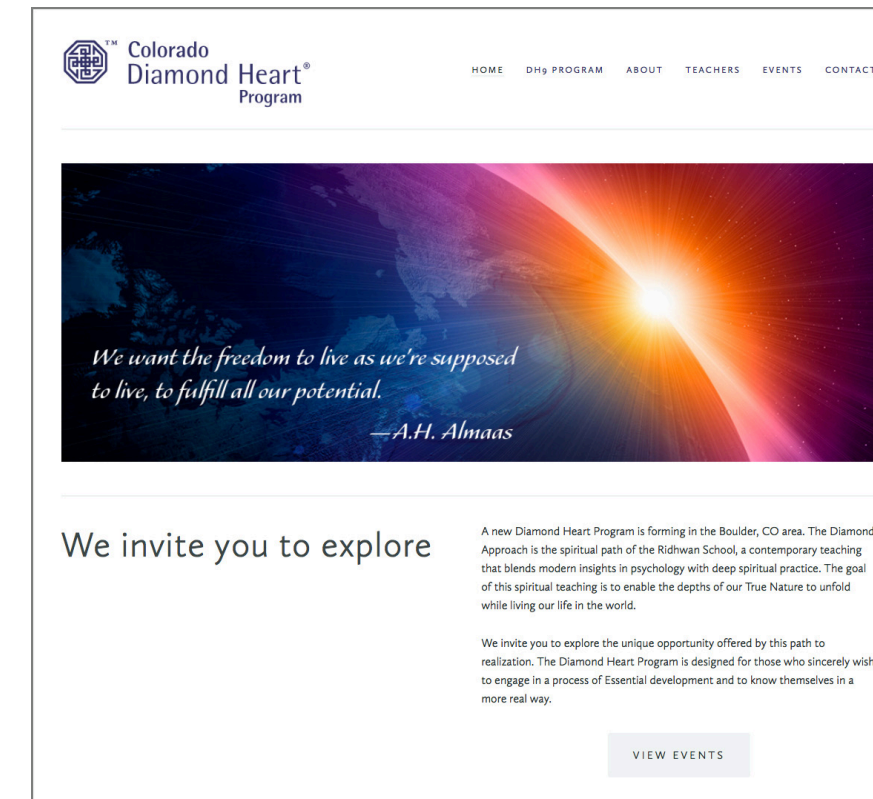




Diamond Heart | BRANDING






Colorado
Diamond Heart®
Program



What is Consciousness?



The Diamond Approach® is a path that engages our potential for endless growth, discovery and revelation. Unexpected potentials are opened for embodying our spiritual essence.

Our individual consciousness recognizes life as a limitless potential and depth, which in the Diamond Approach® is called the Soul. In these weekends, we will explore the nature of the soul and its relationship to our human experience.

Inquiry reveals how the soul has been shaped and limited by life circumstances. Recognizing and working with these patterns liberates the soul. Bringing the freedom to experience her living nature as an ever present, dynamically changing form.

Join us for an evocative exploration of human consciousness.

This three weekend series marks the beginning of the Colorado Diamond Heart Program. The series is open and available to anyone who wishes to explore the Diamond Approach® and may benefit from this teaching.

DATES:
April 22-25, June 17-20, August 26-29

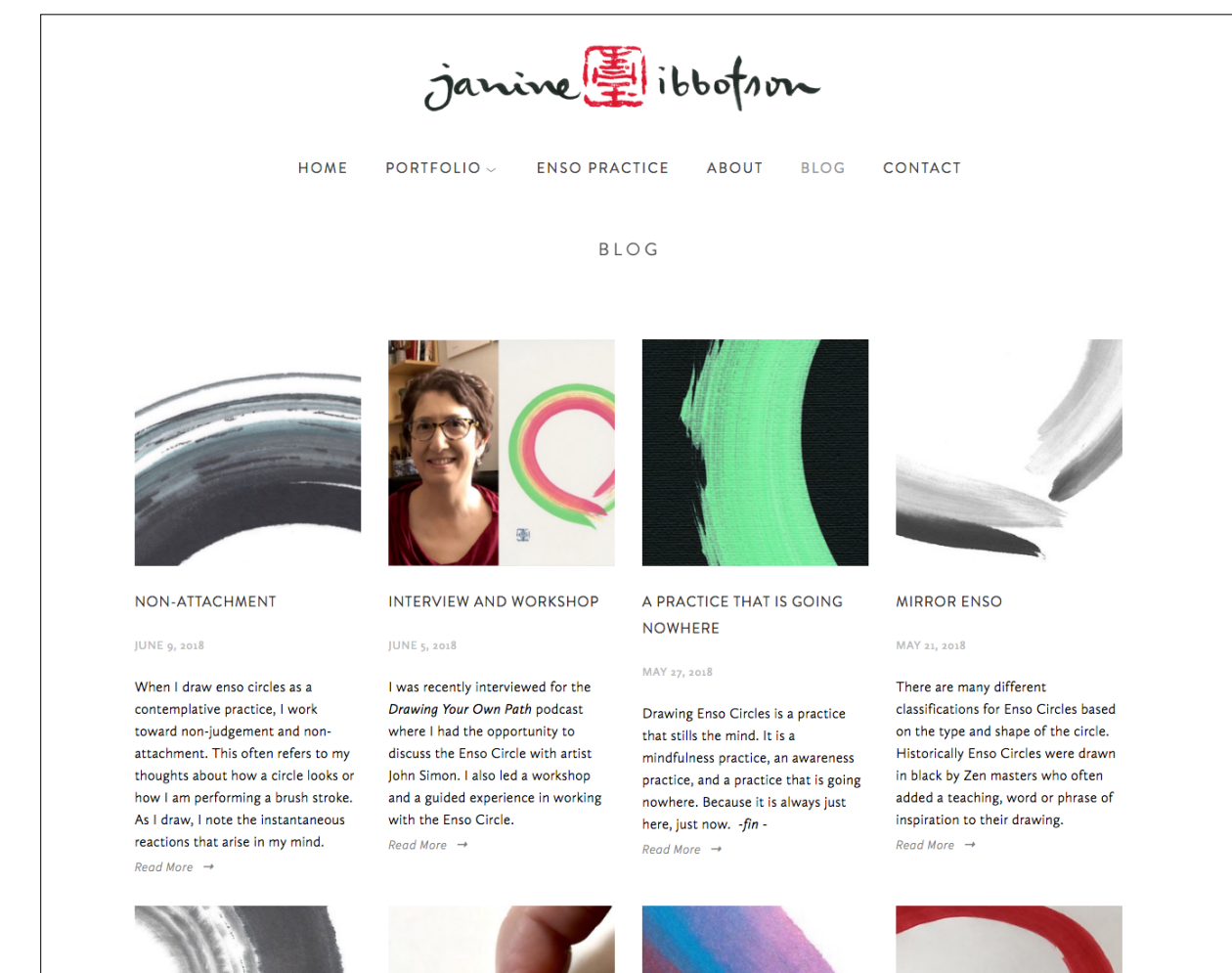
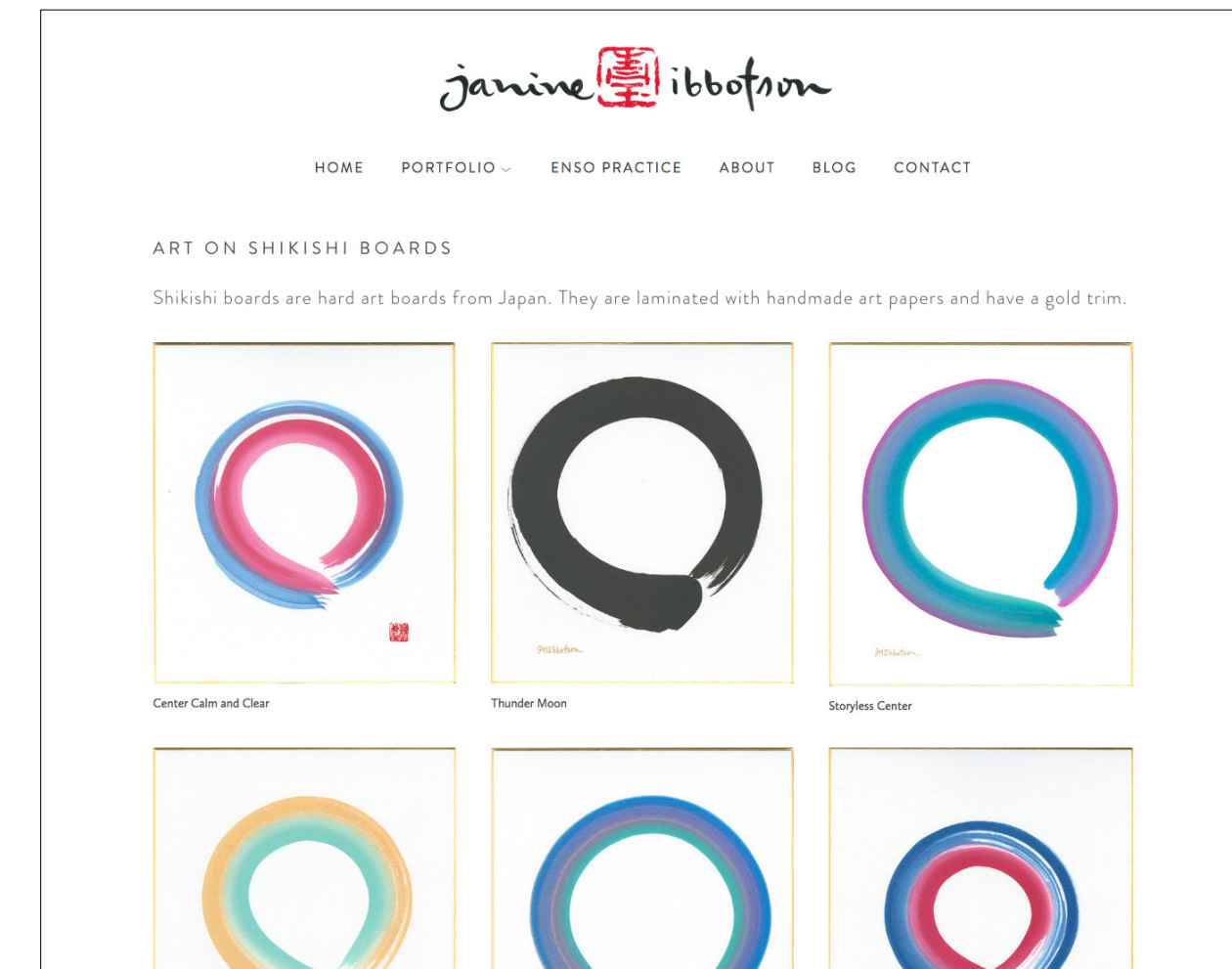
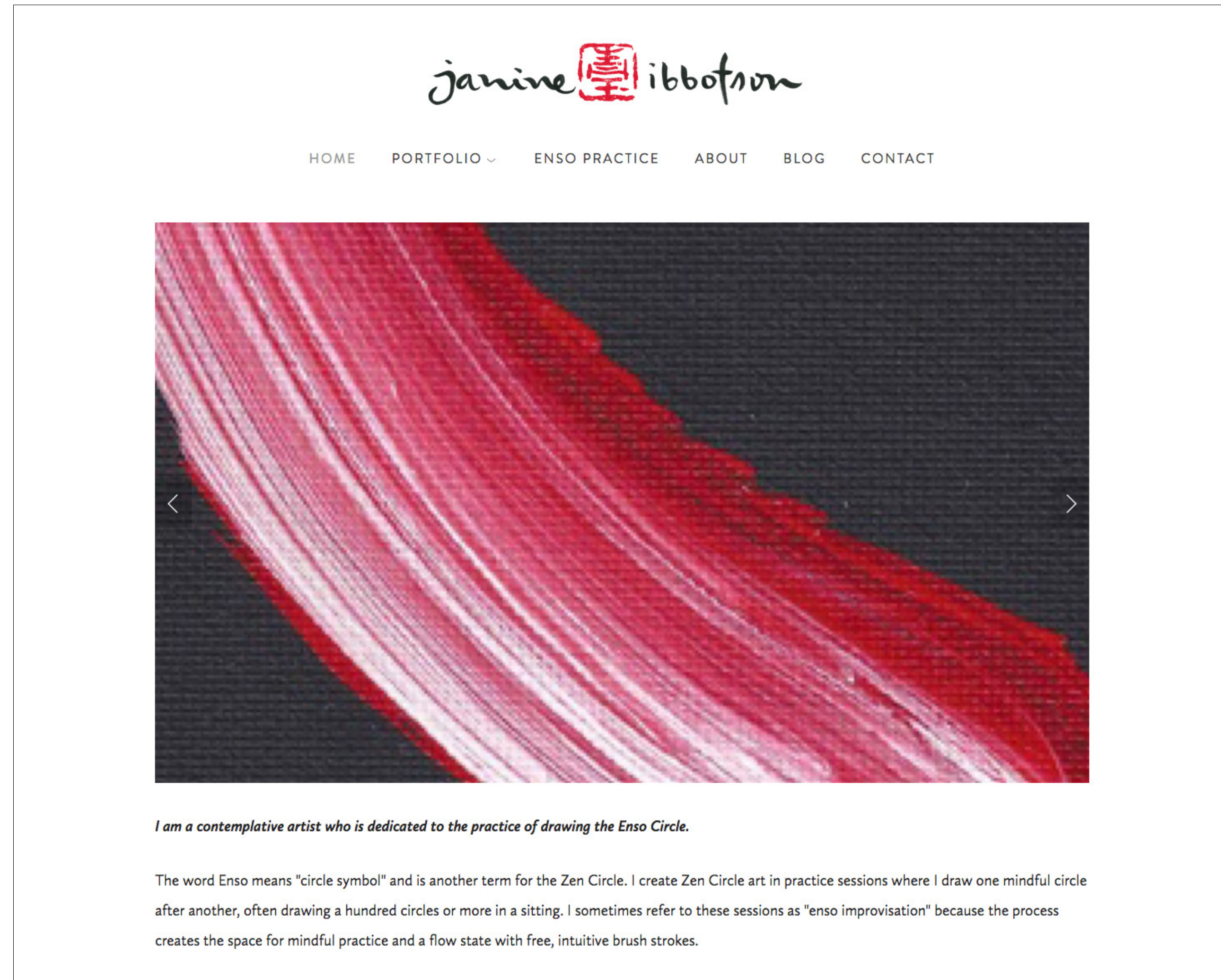
TIMES:
Friday, 6:30-9pm, Sat/Sun 10am-5:30pm, Monday 6:30-9pm

INTERIM MEETINGS:
Mondays, May 16, July 25, Sept. 19, 6:30-9pm

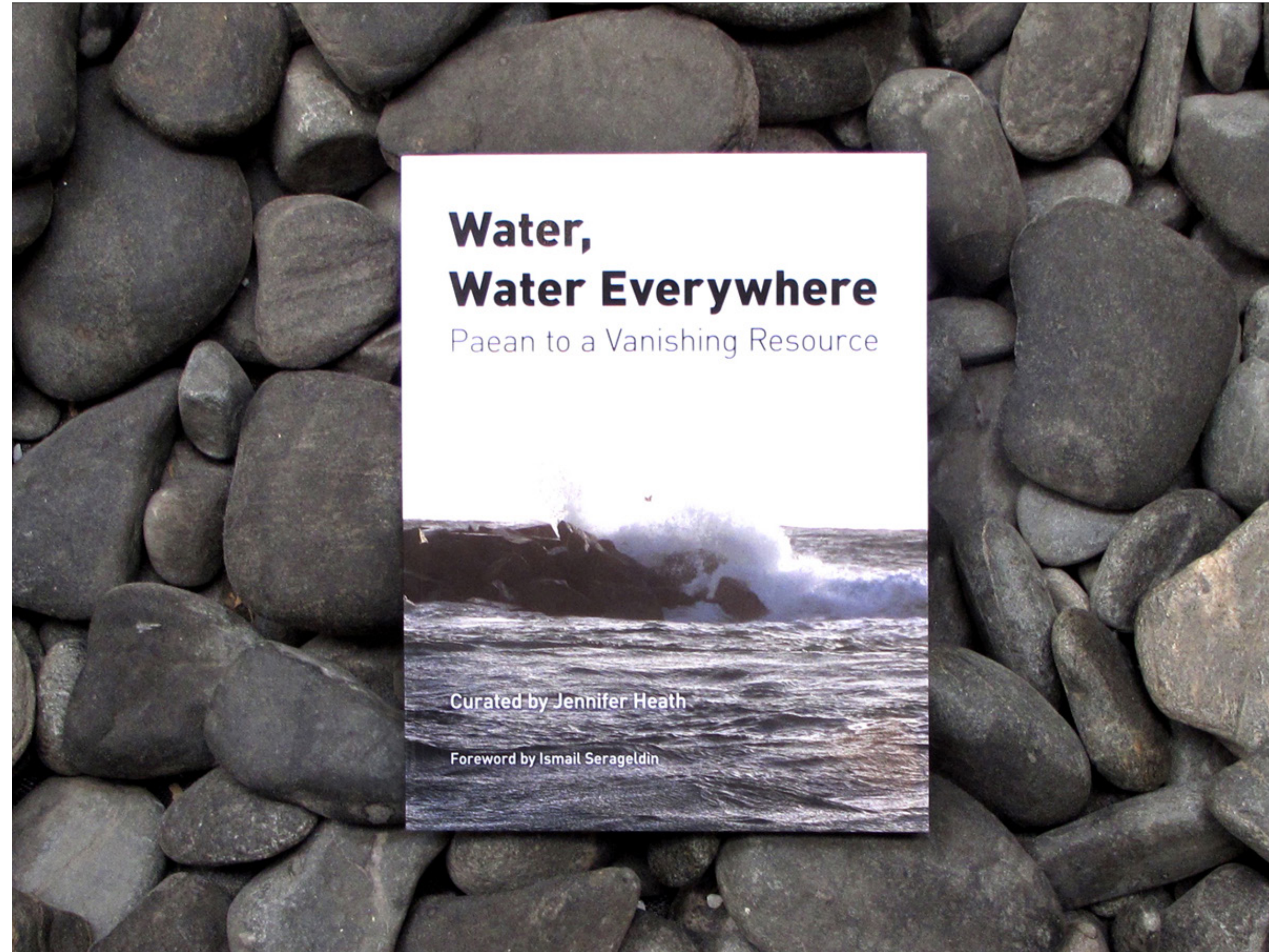
COST:
\$735 for the series of weekends, payable each weekend for \$245

For more information, contact us at DH9colorado@gmail.com

Janine Ibbotson | WEBSITE AND LOGO DESIGN



Water, Water Everywhere | ART BOOK



Presentations and Infographics

LOGO Body Language Techniques for Impactful Presentations

The most important visual you can show an audience is *yourself*.

- 1** Open your chest and arms and keep your back straight. This **POSTURE** will help you to breathe and keep you relaxed.
- 2** **GESTURES** should be purposeful. Use your hands and arms to support key messages.
- 3** Be aware of your facial **EXPRESSIONS**. Your face allows you to show emotion and connect directly to your audience's minds and hearts.
- 4** **EYE** contact builds rapport. Look directly at others – otherwise, you may lose your audience.
- 5** To bring **MOVEMENT**, use Look, Move and Plant. Speak one thought while planted to one side of the room or person. Then, look/move/plant/talk about the next topic. Repeat.
- 6** Keep **CALM**. To overcome nervousness, pause and breathe. Concentrate on your message and your audience. Be sure to smile.

What Not To Do

- 1** Weak or unbalanced stance rather than planting feet on the ground.
- 2** Closed or nervous gestures, such as holding arms across chest or fidgeting.
- 3** Splitting your focus between the audience and your notes (or PowerPoint screen).
- 4** Overdoing eye contact, frowning or starting to stare.
- 5** Moving back and forth across the stage while gesturing wildly.
- 6** Apologizing for being nervous and drawing attention to it.

LOGO FACILITATING DISCOVERY LEARNING

The Discovery Learning Process occurs through listening and asking questions.

Teach
Facilitate using discovery learning principles by...
Use APPLICATION activities where learners...
draw on their own experiences and knowledge...so that they can explore ideas, wrestle with questions, or search for possible solutions.

Apply
Use APPLICATION activities where learners...
draw on their own experiences and prior knowledge...so that they can explore ideas, wrestle with questions, search for possible solutions.

Debrief
To DEBRIEF the activity, go where the learners go...
Don't give the answer. Explore experiences through asking questions and listening...so that you create discovery learning moments.

Transfer
Behavior change and TRANSFER happens through personal reflection and ownership...
Acknowledge efforts and participation. Discuss how to apply to the job...so that you ensure application and sustainability.

LOGO FACILITATING DISCOVERY LEARNING

ENVIRONMENT

Teach Apply
Learners Transfer Debrief

THE DISCOVERY LEARNING PROCESS OCCURS THROUGH LISTENING AND ASKING QUESTIONS.

Teach
Facilitate using discovery learning principles by...
TEACHING new theories that have both content and context...so that the learner is prepared to engage in the activity.

Apply
Use APPLICATION activities where learners...
draw on their own experiences and prior knowledge...so that they can explore ideas, wrestle with questions, search for possible solutions.

Transfer
Behavior change and TRANSFER happens through personal reflection and ownership...
Acknowledge efforts and participation. Discuss how to apply to the job...so that you ensure application and sustainability.

Debrief
To DEBRIEF the activity, go where the learners go...
Don't give the answer. Explore experiences through asking questions and listening...so that you create discovery learning moments.

LOGO SEVEN WAYS TO ENSURE ENGAGING PRESENTATIONS

1 Tell a captivating story. Engage your audience in the first 60-90 seconds with a story that hits the key points of your message.

2 Demonstrations and props are magnetic tools that hook your audience and keep them watching.

3 Do smile at the start of your talk. First impressions always count. Use humor that is appropriate to your audience.

4 Explore experiences through asking questions and listening...so that you create discovery learning moments.

5 Keep it simple. One powerful point with supporting facts or descriptive details may be all you need to express your message.

6 A picture is worth a thousand words. Vivid visuals facilitate understanding and enhance memory retention.

7 Get your audience involved by asking thought-provoking questions. Don't necessarily expect the answer. Arouse curiosity to think about the answer.

LOGO FACTS ABOUT MEETINGS

25 Million meetings are held daily in the US.

5.6 Hours are spent in meetings on a weekly basis across the globe.

63% of Meetings do not have prepared agendas.

9 OUT OF 10 Building relationships with co-workers

8 OUT OF 10 Brainstorming and problem solving

300,000 YEARS THE TIME WE COLLECTIVELY WASTE ON BAD MEETINGS EVERY YEAR

Turns out we collectively waste just shy of 300,000 years per annum in useless meetings.

56% of us regularly stay late at work

54% work from home when we have too much to get done

TOP COMPLAINTS ABOUT MEETINGS

- DISORGANIZED MEETINGS: 27%
- DOMINATING PEERS: 17%
- PHONE INTERRUPTIONS: 16%
- PEOPLE WHO FALL ASLEEP: 9%
- NO BREAKS: 8%
- LATENESS/LEAVING EARLY: 5%
- NO WRITTEN RECAP: 4%

COMMON CHARACTERISTICS OF A BAD MEETING

- 69.9% No clear goal has been set
- 56.1% The meeting goes off topic
- 55.1% There is a lack of structure
- 49.5% Attendees are inattentive
- 48.6% No decisions are made

THE MOST PRODUCTIVE MEETING TIME FOR EMPLOYEES IS 3:00 ON TUESDAYS

LOGO MEETING METHODS AND TOOLS

BRAINSTORMING
Brainstorming is a process for generating creative ideas and solutions through group discussion.

MIND MAPS
Mind Mapping is a tool that helps you break large projects or topics down into a single visual.

PARKING LOTS
When there is an issue or problem that does not have an immediate cause or solution, use the 5 Whys tool.

5 WHYS
HOW TO USE THE 5 WHYS
Write down the specific problem
Ask "Why" the problem happens and record your responses
Keep asking "Why" until the team agrees that the problem's root cause is identified
Once the root cause is identified, work towards a solution to the problem

5 WHYS EXAMPLE

- Why is piping progress low this week? (No joint welded).
- Why didn't the welder complete the joint? (No pipe fit up).
- Why wasn't pipe fit up? (Materials were not delivered).
- Why weren't the materials delivered? (Fabrication was delayed).
- Why was fabrication late? (There were engineering design changes).

GETTING TO CONSENSUS
Consensus is a process of decision-making that seeks widespread agreement among group members through collaboration, cooperation, and inclusion.

OTHER ADVANTAGES:

- Utilizes talent from everyone involved in the meeting
- Builds commitment for implementation

THE PROCESS OF CONSENSUS DECISION MAKING
The basic process involves collaboratively generating a proposal, identifying unsatisfied concerns, and then modifying the proposal to generate as much agreement as possible.

THE NEXT STEP - TAKING ACTION
After your brainstorming session, you'll have a lot of potential ways to go. Although it might seem hard to sort through and find the best ones, analyzing these ideas is an important next step. Work towards a consensus and identify next steps.

DIGITAL DIRECTORY DESIGN



1776 PEACHTREE

5:56 PM
Wednesday, October 5

TENANT	SUITE	TENANT	SUITE
Allison + Partners	415 N	KBC Advisors	120 S
Assets Construction	205 N	KMS Technology	200 N
Axis iOS	540 N	Kobiton	405 N
Bellwood Coffee	Lobby	Maren Construction	410 N
Blanchard Real Estate	215 N	Maxex	500 S
Carson Guest	280 S	OnPace Partners	220 S
Dillard Sellers	415 S	Parkside Partners	200 S
Equity Investment Corporation (EIC)	600 S	Rafi Law LLC	423 S
Georgia Banking Company (GBC)	300	Rose Garden Consulting	420 N
Georgia Banking Company Buckhead Branch	150 S	Sparkloft Media	405 S
Gibson Avenue Capital	240 S	Stream Property Management	400 S
Heredia & Lennon Family Law LLC	410 S	Tombras	400 N
Hight Knox	610 S	TPA Development	110 S
Hudson MX, Inc.	700 N	TPA Group	100 N
Inline Communities	260 S	TPA Residential	250 B
Integrity Staffing Solutions	430 N		



	RIGHT NOW	+ 30 MIN.	+ 60 MIN.
I-110 from I-10 to I-5	AVG SPEED 23 GETTING WORSE	AVG SPEED 23	AVG SPEED 21
I-110 from I-6 to I-10	AVG SPEED 28 GETTING WORSE	AVG SPEED 37	AVG SPEED 33
Hwy 101 from Hwy 2 to I-5	AVG SPEED 15 GETTING WORSE	AVG SPEED 25	AVG SPEED 23
Hwy 101 from I-5 to Hwy 2	AVG SPEED 25 GETTING BETTER	AVG SPEED 21	AVG SPEED 21
I-10 from I-110 to I-5	AVG SPEED 24 GETTING BETTER	AVG SPEED 18	AVG SPEED 18
I-10 from I-5 to I-110	AVG SPEED 48 GETTING WORSE	AVG SPEED 52	AVG SPEED 51
I-5 from I-10 to Hwy 110	AVG SPEED 28 GETTING WORSE	AVG SPEED 41	AVG SPEED 34
I-5 from Hwy 110 to I-10	AVG SPEED 34 GETTING BETTER	AVG SPEED 20	AVG SPEED 20
I-10 from I-5 to I-70	AVG SPEED 58 GETTING WORSE	AVG SPEED 52	AVG SPEED 43
I-10 from I-70 to I-5	AVG SPEED 63 GETTING WORSE	AVG SPEED 63	AVG SPEED 63

Currently: 72°

Thursday 80°|51°
Clear

Friday 83°|53°
Fair

Saturday 77°|50°
Fair

Sunday 75°|51°
Fair

Florida beachfront paradise shattered by Hurricane Ian
Nearly a week after Hurricane Ian hammered southwest Florida, once tony Fort Myers Beach is a nearly deserted disaster zone where destroyed beach houses now mar the postcard views that made this stretch of the Gulf Coast famous.

NASDAQ ↓ -27.77
S&P ↓ -7.65
NYSE ↓ -57.46



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Proposal would fund U.S. gov't through Dec. 14 - summary
Proposed legislation would fund the federal government through Dec. 16 and include energy permitting reforms but not other funds to boost domestic uranium supplies or the nation's emergency oil reserve, according to a summary released on Tuesday ahead of an initial vote.

NASDAQ ↑ 28.28
S&P ↓ 19.60
NYSE ↓ 69.66

Currently: 67°
Wednesday 62°|51°
Thursday 64°|49°
Friday 73°|44°
Saturday 77°|64°

Welcome To The OCH Building

221 North Wall Street

LIST OF COMPANIES

BUILDING INFO

SPACE AVAILABLE

BUILDING AMENITIES

AREA AMENITIES

LOCAL TRAFFIC

September 27, 12:48 PM
www.TouchSource.com

Please touch the screen to begin

OCH Building


221 North Wall Street

Currently: 74°
Clear

Wednesday 82°|51°
Rain Showers

12:48 PM
Tuesday, September 27

TENANT	SUITE
BDO USA, LLP	400
Body By Michelle	220
First Choice Health Network, Inc.	310
Fusion Architecture, PLLC	345
Intermountain Consulting	611
International Raw Materials, Ltd.	320
LifeStance Health	202
Northwest Equity Solutions, Inc.	615
Tavolata	112
Womer and Associates, Inc.	600



Welcome to the OCH Building!

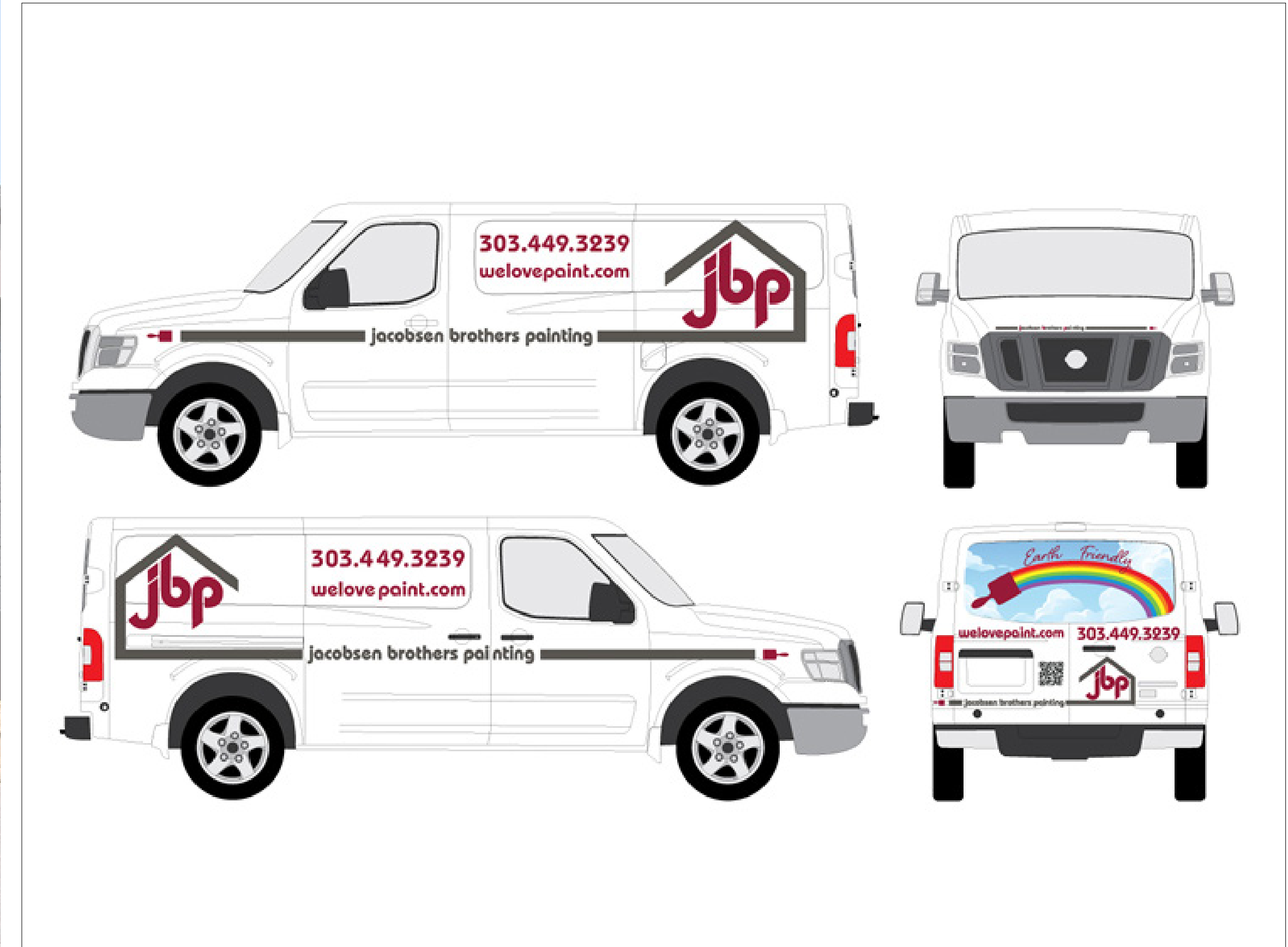
U.S. FDA to review fewer emergency use requests for COVID tests
The U.S. Food and Drug Administration said on Tuesday it will now review only a small number of emergency use authorization requests for COVID tests that are likely to have a significant benefit to public health, including fulfilling an unmet need.

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Black Realty Management, Inc.
Matt Walsh - Manager
mmwalsh@blackrealtymg.com
509.623.1000

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Chris Bell, Jim Jeffreys
801 W. Riverside Avenue, Suite 300
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